NECEDAH HIGH SCHOOL/MIDDLE SCHOOL

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|-----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 30 | 31 | 1 Pepperoni Pizza Grahams Baby Carrots & Cucumbers Garden Bar Fruit Choice Milk Choice Fruit Snack | 2 Cheeseburger on Bun Oven Baked Fries Baked Beans Garden Bar Fruit Choice Milk Choice | 3 Orange Chicken w/ Steamed Rice Mixed Vegetables Garden Bar Fruit Choice Milk Choice Fortune Cookie | Menu Info Students may choose their meal from multiple choices offered on both serving lines daily. Check what is offered daily! We will also offer salads, wraps and sandwiches. |
| Grench Toast Sticks/syrup Jones Sausage Patty Fruity Juice Garden Bar Fresh Sliced Apples Milk Choice | 7 Cheesy Breadsticks/ marinara sauce Goldfish Pretzels Steamed Carrots Garden Bar Fruit Choice Milk Choice | 8 Fall Holiday Meal Turkey, stuffing & gravy Mashed Potatoes Green Beans Garden Bar Warm Cinnamon Apples Pumpkin Fluff Milk Choice | 9 Chicken Tenders Sun Chips Baked Beans Garden Bar Fruit Choice Milk Choice | 10 Salisbury Steak Mashed Potatoes/gravy Dinner Roll/Marg. Steamed Peas Garden Bar Fruit Choice Milk Choice | All meals MUST choose a full serving (1/2 cup) of fruit and/or veggies with each meal and are encouraged to choose both. *Please note that all extra entrees will cost \$1.50 each. To purchase additional items, students must have money in the account. |
| 13 Cheese Pizza Warm Breadstick Mixed Vegetables Garden Bar Fruit Choice Milk Choice | 14 Chili w/ Macaroni (for chili) Warm Corn Muffin Steamed Corn Garden Bar Fruit Choice Milk Choice | 15 Bosco Stick/ Marinara sauce Lettuce Salad Fresh Veggies Fruit Choice Milk Choice | 16 Hot Dog on Bun Corn Chips Baked Beans Fresh Veggies Fruit Choice Milk Choice Cookie | 17 NO SCHOOL PD DAY | Reminder that all students must choose a full serving (1/2c) of fruit or vegetables daily with their meal BREAKFAST We invite all students to start their day with a healthy breakfast at school |
| 20 Chicken Patty on Bun Cheddar Crackers Steamed Carrots Garden Bar Fruit Choice Milk Choice | 21 Rotini w/ Meat Sauce Warm Breadstick Green Beans Garden Bar Fruit Choice Milk Choice | 22 NO SCHOOL THANKSGIVING BREAK | 23 NO SCHOOL THANKSGIVING DAY | 24 NO SCHOOL THANKSGIVING BREAK | with a breakfast <u>at NO CHARGE TO</u> <u>FAMILIES THIS YEAR</u> Students can get breakfast daily before the beginning of the school day OR at second chance time. A variety of choices as well as juice, fruit and milk will be available to create your breakfast meal. |
| 27 Taco Bites/ Taco sauce & sour cream Seasoned Black Beans Garden Bar Fruit Choice Milk Choice Churro | 28 Chicken Nuggets Grahams Steamed Corn Garden Bar Fruit Choice Milk Choice | 29 Turkey Wrap w/ Lettuce, tomato, sauces Baked Chips Garden Bar Frozen Fruit Cup Milk Choice | 30 Mini Corn Dogs & Macaroni and Cheese Mixed Vegetables Garden Bar Fruit Choice Milk Choice | 1 | Students MUST choose a fruit and/or juice each day for the meal. ** Breakfast is NO CHARGE for all Middle School students. <u>**Menu subject to change based on</u> weather and product availability |